Gluter Free Menu

# Starters & Soup

#### **BROILED CRAB DIP 12**

A blend of fresh crabmeat and cheese broiled and served with tri color corn tortilla chips.

## SWING WINGS 1/2 DOZEN 5.50 1 DOZEN 9.50

Choice of sauce: Hot, Mild, BBQ, Buffalo Ranch, Garlic Parmesan, Old Bay, Sweet Thai Add - bleu cheese & celery .75 each.

\*request fried wings, our fried wings are cooked in the same oil as non gluten free items\*

#### BAKED TOMATO SOUP CUP 4.5 BOWL 6

Our chef's spin on old fashioned tomato soup. Topped with croutons, provolone, and Swiss cheese then baked until golden. **Request no croutons.** 

#### **BAKED FRENCH ONION SOUP 6**

Sweet onions slow roasted with fresh herbs and wine. Topped with a baguette crouton, provolone and Swiss cheese and baked until golden.

Request no croutons.

# Kids Menu

### HOT DOG 6

All beef hot dog in a bun. Choice of one side.

Request no bun.

### KID'S CHEESEBURGER 6

4 oz. beef burger on a toasted bun with American cheese. Choice of one side. **Request no bun.** 

#### **KIDS SIDES**

Applesauce Potato Chips Mashed Potatoes
Side Salad (Request no croutons)
Steamed Broccoli Oranges Wedges

Disclaimer: \*Please keep in mind that any items prepared without gluten or animal products are made in a facility that handles many other wheat, gluten, and animal products. During normal kitchen operations, there is a possibility for food items to come into contact with wheat gluten/animal products. However unlikely, we are unable to guarantee that any menu item is completely gluten-free or vegan.

\*\*\*\*Please alert your server of any allergies.

# Salads

Gluten free dressings: Caesar, French, Balsamic, Sweet & Sour Poppy seed, Honey Mustard, Thousand Island, Ranch, Bleu Cheese, Honey-Lemon Garlic Add to any salad — Chicken \$5 \*Steak \$8 Shrimp \$7 \*Salmon \$9

## HOUSE SALAD SMALL 5 LARGE 8

Fresh mixed greens with onions, cucumbers and tomato. Choice of dressing.

Request no croutons.

#### CAESAR SALAD SMALL 5 LARGE 9

Fresh Romaine lettuce, parmesan cheese, seasoned croutons and Caesar Dressing.

Request no croutons.

#### CHEF SALAD 12

Our in-house baked ham and turkey are served a top a bed of fresh mixed greens with cheese, hard boiled egg, onion, cucumber, tomato and croutons. Choice of dressing.

Request no croutons.

#### **SEVEN PEPPER STEAK SALAD 16**

Fresh mixed greens, chopped tomato, onion, cucumber and cheddar cheese are topped with 7-pepper dusted flat iron steak. **Request no croutons.** 

#### TACO SALAD 12

Fresh greens with our taco seasoned ground beef, cheddar cheese, chopped tomato, salsa and sour cream.

Served on a bed of tri colored corn tortilla chips.

### SPINACH SALAD SMALL 7 LARGE 10

Fresh spinach greens with hard boiled egg, onions, bacon, tomato, and parmesan cheese. Choice of dressing.

# Sides

Salad (Request no croutons) • Steamed Broccoli
Creamy Coleslaw • Baked Potato
Red Skin Mashed Potatoes (request no gravy)
Grilled Red Potatoes • Applesauce • Baked Sweet Potato
Buttered Corn • Asparagus

# Sandwiches

# Request no bun or bread for all sandwiches

All sandwiches are served with potato chips.

ADD— Swiss, Provolone, or Cooper's sharp .75

Bacon 1.50

## \*HAND CRAFTED CHESEBURGER

1/4 lb. 9 1/2 lb. 11

Your choice of a ¼ pound or ½ pound burger hand-formed and topped with lettuce, tomato, onion and mayo.

#### MUSHROOM SWISS BURGER

1/4 lb. 9 1/2 lb. 11

Our juicy burger grilled to your liking and topped with sautéed mushrooms and melted swiss

#### **COWBOY BURGER 13**

Two hand crafted char grilled burgers topped with sauteed onions, BBQ sauce, bacon and melted cheddar cheese. Served on your choice of grilled bread.

#### \*PATTY MELT 11

Hand crafted burger topped with grilled onions and melted swiss cheese. Served on your choice of grilled bread.

# GRILLED CHICKEN SANDWICH 10 BUFFALO STYLE 11

Char-grilled chicken topped with lettuce, tomato, and mayo.

Buffalo Style adds bleu cheese dressing and hot sauce

### **CHICKEN PARMESAN SANDWICH 11**

Crispy chicken, mozzarella cheese, marinara sauce and pesto on a sesame seed bun.

Request Grilled Chicken.

#### **BLACKENED CHICKEN SANDWICH 11**

Grilled chicken breast seasoned with Cajun, cooper's sharp cheese, lettuce, tomato, and bang bang sauce.

## **LOADED NEW YORK STRIP 17**

Our seasoned New York Strip topped with sauteed onion, peppers, mushrooms, and melted swiss cheese.

#### **SOUTHWEST CHICKEN 11**

Grilled chicken breast topped with grilled onions, salsa, melted cheddar jack cheese and topped with sour cream.

#### **SMOTHERED CHICKEN 11**

Grilled chicken breast topped with grilled mushrooms, bacon and melted provolone cheese.

# Entrees

All entrees are served with choice of two sides.

# GRILLED CHICKEN BREAST SINGLE 13 DOUBLE 17

Char-grilled chicken breast. Prepared with choice plain, BBQ, blackened, or Key West with a hint of lemon.

# WISCONSIN CHICKEN SINGLE 15 DOUBLE 19

Grilled chicken breast topped with onions, peppers, and melted cheddar cheese.

# ATLANTIC HADDOCK SINGLE 16 DOUBLE 22

A moist delicate 6-8oz filet of haddock served broiled.

#### WILD CAUGHT SALMON 22

In house cut 7oz filet prepared with your choice of garlic herb butter, sweet thai chili,.

# FLAT IRON STEAK 19 LAND & SEA 24

The second most tender cut of steak aside from filet.

Hand cut flat iron steak grilled to your liking.

Land and sea adds 5 shrimp sauteed in garlic butter.

Add Sautéed Mushrooms and Onions \$2

#### **FILET MIGNON 27**

Juicy 8 oz. filet mignon straight from the grill.

Add Sautéed Mushrooms and Onions \$2

Add Grilled Shrimp \$5

## **NEW YORK STRIP 24**

Our 12oz New York strip grilled to your liking.

Add Sautéed Mushrooms and Onions \$2

Add Grilled Shrimp \$5

## **BLACKENED TUNA STEAK 22**

Delicious 8 oz. yellow fin tuna steak seasoned with Cajun spices and pan seared to your liking.

#### **SAUTEED SHRIMP 24**

Generous portion of 14 large shrimp sautéed in garlic butter or blackened with Cajun seasoning.

#### SHRIMP & SCALLOPS 19

Large succulent shrimp and bay scallops broiled in our chefs own butter and white wine sauce.