

SWING

AT LYKENS VALLEY

STARTERS

BAVARIAN PRETZEL 6

Soft and chewy 10 oz. warm Bavarian pretzel served with a spicy dijon mustard.

Add - cheese sauce \$1.00

FISH TACOS (2) 12

Mahi-Mahi served grilled or fried in a soft, toasted tortilla shell layered with shredded cabbage, onion, cheese, salsa and chipotle mayo.

BROILED CRAB DIP 12

A blend of fresh crabmeat and cheese broiled and served with homemade tortilla chips.

HOMEMADE MOZZARELLA LOGS 10

Hand cut, breaded whole milk mozzarella cheese is seasoned, then fried until golden brown. 4 logs are served with our marinara sauce.

CHICKEN QUESADILLA 9 VEGETARIAN QUESADILLA 7 STEAK QUESADILLA 11

Tender chicken breast or steak, smoky bacon, cheddar cheese, caramelized onions, and jalapeno peppers. Served in a grilled tortilla with salsa and sour cream.

NACHOS GRANDE 13 VEGETARIAN NACHOS 10

White corn tortilla chips topped with taco beef, tomatoes, onions, salsa, jalapenos and cheese sauce. Served with a side of sour cream.

TEMPURA BANANA PEPPERS 6.5

Turn up the heat with these crispy battered pepper rings. Served with cool Ranch dressing.

SWING WINGS

1/2 DOZEN 5.5 1 DOZEN 9.5

Choice of boneless, grilled or fried.
Choice of Hot, Mild, BBQ, Buffalo Ranch or Garlic Parmesan.

Add - bleu cheese, ranch & celery .75 each.

FRIED CALAMARI 10

Tender, marinated squid is breaded and fried until golden. Served with our marinara sauce and chipotle mayo.

FRENCH FRIES 4

SWEET POTATO FRIES 5.5 ONION RINGS 7

A generous portion to share. Served with our "kicked up ketchup".

HOMEMADE THIN CRUST PIZZA 12

Our homemade dough is hand tossed and topped with our marinara sauce.

Choice of one topping: onions, mushrooms, broccoli, spinach, jalapeno, pepperoni, bacon, or ham.

Additional toppings - \$1.00

Beverages

Pepsi • Diet Pepsi • Dr. Pepper
Sierra Mist • Mountain Dew • Root Beer
Raspberry Iced Tea • Ginger Ale
Tropicana Lemonade • Coffee • Fresh Brewed Tea

Dressings

Honey-Lemon Garlic (House), Ranch,
French, Bleu Cheese, Sweet & Sour Poppy Seed,
Honey Mustard, Parmesan Peppercorn,
Thousand Island, Balsamic, Mango Citrus Vinaigrette

SOUPS & SALADS

All salads are served with garlic bread.
Add to any salad - Chicken 4 Shrimp 7 * Salmon 10 * Steak 8

HOUSE SALAD SMALL 5 LARGE 8

Fresh mixed greens with onions, cucumbers and tomato. Choice of dressing.

CAESAR SALAD 9

Fresh Romaine lettuce, Romano cheese, seasoned croutons and black pepper with Caesar dressing.

CRANBERRY WALNUT SALAD 10

Fresh mixed greens, tomatoes, cucumbers, dried cranberries, candied walnuts and bleu cheese crumbles make this a satisfying salad. Try it with our poppy seed or balsamic vinaigrette dressing.

SPINACH SALAD SMALL 7 LARGE 10

Fresh spinach greens with hard boiled egg, onions, bacon, tomato, and parmesan cheese. Served with our house dressing.

CHEF SALAD 12

Our in-house baked ham and turkey are served atop a bed of fresh mixed greens with cheese, hard boiled egg, onion, cucumber, tomato and croutons. Choice of dressing.

* SEVEN PEPPER STEAK SALAD 15

Fresh mixed greens, tomato, onion, cucumber and cheddar cheese are topped with 7-pepper dusted flat iron steak.

TACO SALAD 12

Fresh mixed greens with our taco seasoned ground beef, cheddar cheese, tomato, salsa and sour cream. Served in a crunchy tortilla bowl.

BAKED TOMATO SOUP CUP 4 BOWL 6

Our Chef's spin on old fashioned tomato soup. Topped with croutons, provolone, and Swiss cheese then baked until golden.

BAKED FRENCH ONION SOUP 6

Sweet onions slow roasted with fresh herbs and wine. Topped with a baguette crouton, provolone and Swiss cheese and baked until golden.

SWING PICK 2 7.5

Your choice of two of the following selections:

Cup of Soup du Jour • Cup of Baked Tomato Soup
Garden Side Salad • Petite Sandwich
(Chicken Salad (Seasonal) Turkey or Ham)

Soup Du Jour

Cup 4 Bowl 5.5
Created fresh daily by our chef.
Add - \$1.00 for seafood based soup.

SANDWICHES

All sandwiches are served with potato chips and pickles. substitute - french fries 2
Add - swiss, provolone, Cooper sharp or cheddar \$1.00
bacon or bleu cheese crumbles \$1.50

* HAND CRAFTED BEEF BURGER 1/4 lb. 7 1/2 lb. 9

Your choice of a 1/4 pound or 1/2 pound burger hand-formed and topped with lettuce, tomato, onion and mayo. Served on a sesame seed bun.

* PATTY MELT 10

Hand crafted burger topped with grilled onions and melted swiss cheese. Served on your choice of grilled bread.

* MUSHROOM SWISS BURGER 1/4 lb. 8 1/2 lb. 10

Our juicy burger grilled to your liking and topped with sautéed mushrooms and melted swiss on a toasted sesame seed bun.

CHICKEN PARMESAN SANDWICH 9

Crispy chicken, mozzarella cheese, marinara sauce and pesto on a ciabatta roll.

GRILLED or CRISPY CHICKEN 9 BUFFALO STYLE 10

Char-grilled or in-house hand breaded chicken breast is fried until crispy, then topped with lettuce, tomato and mayo. Buffalo Style adds bleu cheese dressing and hot sauce.

ADULT GRILLED CHEESE 9

We took a plain olé toasted cheese sandwich and added bacon, provolone, Cooper sharp and swiss cheese on your choice of bread. Add a cup of our baked tomato soup. \$4.00

TURKEY BACON SPINACH WRAP 10

Turkey, bacon, spinach and ranch dressing wrapped up in an herb tortilla.

CLASSIC CLUB 10

In-house oven roasted ham or turkey with bacon, lettuce, tomato and mayo, on your choice of toasted bread.

GRILLED RACHEL 9

In-house oven roasted turkey, swiss cheese, thousand island dressing and our homemade coleslaw. Served on grilled rye bread.

PULLED PORK BBQ SANDWICH 7.5

In-house slow roasted pork with chef's own BBQ sauce then topped with coleslaw. Served on a toasted sesame seed bun.

CAROLINA BBQ HAM MELT 10

Warm applewood ham served on grilled white bread with bacon, Cooper sharp cheese and Carolina BBQ sauce.

ENTREES

All entrees include choice of two ala carte sides unless otherwise noted.

WISCONSIN CHICKEN 15 TWIN BREASTS 19

Grilled chicken breast topped with onions, peppers, and melted cheddar cheese.

KEY WEST CHICKEN BREAST 12 TWIN BREASTS 16

Char-grilled, herb seasoned chicken breast with a hint of citrus.

SOUTHERN FRIED CHICKEN 15

4 pieces of tender, juicy chicken dusted in our spice mix, breaded and fried until golden.

FLAT IRON STEAK 12 oz. 24 PETITE SIZE 8 oz. 18

The second most tender cut of steak aside from filet. Chef recommends medium temperature or less for prime flavor.

Add - Sautéed Mushrooms and Onions \$2.00

Bleu Cheese Crumbles \$1.50

* Land & Sea Option - add Grilled Shrimp 7 Crab Cake 12

FILET MIGNON 29

Juicy 8 oz. filet mignon straight from the grill.

Add - Sautéed Mushrooms and Onions \$2.00

Bleu Cheese Crumbles \$1.50

* Land & Sea Option - add Grilled Shrimp 7 Crab Cake 12

HOMESTYLE MEATLOAF 15

An old favorite! This juicy and delightfully seasoned beef loaf is served with home-style gravy.

BONE-IN PORK CHOP WITH HONEY MUSTARD 16

Twin grilled bone-in pork chops finished with a honey mustard cream sauce.

* HERB INFUSED SALMON 22

Fresh salmon filet topped with an herb infused sauce then baked until moist and flakey.

CRAB CAKES ONE 19 TWO 29

In-house made Maryland style crab cakes served broiled or fried.

PARMESAN CRUSTED ATLANTIC COD 18

Moist, delicate cod is topped with a flavor packed crunchy crust.

BLACKENED TUNA STEAK 22

Delicious 8 oz. yellow fin tuna steak seasoned with cajun spices and pan seared to your liking.

PASTA

PASTA PURSES WITH VODKA CREAM SAUCE 13

Petite pasta purses filled with cheese and served in our homemade vodka cream sauce. Choice of one side.

Add - Chicken 4 Shrimp 7 Veggie 3

SPICY CHICKEN ANDOUILLE PASTA 20

Chicken, andouille sausage, house baked ham, peas, tomatoes, red onion and parmesan cheese tossed with cavatappi pasta in a rosé sauce. Choice of one side.

CHICKEN PARMESAN 16

Tender boneless chicken breast lightly breaded then flash fried. Topped with homemade marinara sauce, melted mozzarella and Romano cheeses. Served over pasta.

Choice of one side.

SHRIMP SCAMPI FLORENTINE 18

Large shrimp are sautéed scampi style with spinach, tomato, pine nuts and garlic. Served over linguini pasta. Choice of one side.

ALFREDO PASTA 13

Choice of cavatappi or linguine tossed with our own Alfredo sauce and broccoli. Choice of one side.

Add - Chicken 4 Shrimp 7 Veggie 3

Ala Carte Sides

Vegetable of the Day • Salad • Grilled Asparagus

Steamed Broccoli • Creamy Coleslaw • French Fries • Applesauce

Baked Potato • Mashed Potatoes • Roasted Red Potatoes

\$3.00

Sweet Potato Fries • Onion Rings • Macaroni & Cheese

\$3.50

SWING also accommodates Vegetarian/Gluten Free/etc. options upon request -please see your server for more details.

Cocktails

Classic or Fruity Margarita

The tart juice from a fresh lime, a kick of tequila, orange liqueur and a salt rimmed glass make this a classic margarita. Choose: Peach, Strawberry, Raspberry, Mango or Classic (no puree). 8

Orange, Lemon or Lime Crush

Squeezed to order fruit with vodka and a splash of simple syrup. Served over ice. 6

Wild Red Sangria

A delightful blend of red wine, sweet wild berry, tart cranberries and oranges. 8

Classic or Fruity Mojito

Light rum muddled with fresh mint and limes, blended with your choice of fruit puree. Choose: Peach, Strawberry, Raspberry, Pomegranate or Classic (no puree). Served over ice. 7

Chocolate Strawberry Colada

Coconut rum, pineapple flavors and strawberry puree served frozen in a chocolate drizzled glass topped with whipped cream and a cherry. 9

Swinging Strawberry

Vodka mixed with a delicious strawberry puree and a hint of lime. 6

Beer

We have 18 ever changing beers on tap plus a large variety of bottles and cans. Ask your server or see our chalkboard for a list of taps.

Wine

Woodbridge Chardonnay
Barefoot Moscato
Woodbridge White Zinfandel

Robert Mondavi Cabernet
Cupcake Merlot
Robert Mondavi Pinot Noir

See our wine list for a complete listing of our available wines.

LIBATIONS

* Swing would like to remind you that consuming raw or uncooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food borne illness especially if you have certain medical conditions. 20% gratuity for parties of 8 or more will be added to the check. w or